



SACRED HEART PARISH
Sunday 26th July 2026
WORLD DAY FOR GRANDPARENTS & THE ELDERLY
17th of Ordinary Time



Deacon: Joe Baxter

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Hours open: 9am-2pm , Mon, Tues, Wed, Fri
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Parish Webpage: <https://www.sacredheartparishbelfast.com>
Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

~Mass Times~

Saturday Vigil: 6.00pm: Vigil Missa Pro Populo
Sunday Masses: 9:30am: Brian Clarke, Anniversary Mass
11:30am: Mona McErlane, 1st Anniversary Mass
Weekday Masses: Tuesday 7:00pm: Novena Seamus Cassidy, Anniversary Mass
Wednesday 10.00am:
Confessions & Adoration: Saturday: 5:00pm - 6:00pm.
Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.

~Sacrament of Marriage~

Please contact the Parish Office to arrange.

~Upcoming Feast Days~

25th July
St James, Apostle
29th July
St Martha, St Lazarus
31st July
St Ignatius Loyola

~Recently Deceased~



Arthur Miney
Michael Crilly
Joe O'Boyle

Eternal rest grant unto them, O Lord

~Sanctuary Candles~



The Wright Family
The Begley Family
For anyone sick at this time
Thomas Markey
Patrick Markey
Alice Craig

A Donation of £5 per candle is greatly appreciated

~Weekly Collection~

(12th July)
£1001.16

~Building Fund~
£274.27

~Weekly Collection~
(19th July)
£1261.86

~Pastoral Needs~
£282.14
The Parish Thanks You
For Your Kindness And Generosity

~Anniversaries~

Elise McGuckin
Christy Burns
Thomas Markey
Patrick Markey



We prayer for all those
whose anniversaries occur at this time.
Eternal rest grant unto them, O Lord

~Baptisms~

**Welcome into our
community**

Sophia McBride
Hayden Burns
Kova Rayne Boyle



~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY	
<u>Pope Leo's Prayer Intentions for 2026</u> <u>July: For Respect of Human Life</u> Let us pray for the respect and protection of human life in all its stages, recognising it as a gift from God. Amen	
 'I will never forget you' (Is 49:15) is the theme chosen by the Holy Father for the <i>Sixth World Day for Grandparents and the Elderly</i> which aims to emphasise how God's love for each person never fails, even in the fragility of old age. Taken from the book of the prophet Isaiah, the chosen verse is intended to be a message of consolation and hope for all grandparents and the elderly, especially those who live in solitude or feel forgotten. At the same time, it is a call to families and ecclesial communities not to forget them, recognising them as a precious presence and a blessing. The World Day for Grandparents and the Elderly, established by Pope Francis in 2021, is celebrated on the fourth Sunday of July and is an opportunity to bring the Church closer to the elderly and to value their contribution to families and communities. This year, the date coincides with the feast of Saints Joachim and Anne, Sunday 26 July, and the Holy Father invites everyone to celebrate the Day.	Pope Benedict XVI's Prayer for Grandparents Lord Jesus, you were born of the Virgin Mary, the daughter of Saints Joachim and Anne. Look with love on grandparents the world over. Protect them! They are a source of enrichment for families, for the Church and for all of society. Support them! As they grow older, may they continue to be for their families strong pillars of Gospel faith, guardians of noble domestic ideals, living treasures of sound religious traditions. Make them teachers of wisdom and courage, that they may pass on to future generations the fruits of their mature human and spiritual experience. Lord Jesus, help families and society to value the presence and role of grandparents. May they never be ignored or excluded, but always encounter respect and love. Help them to live serenely and to feel welcomed in all the years of life which you give them. Mary, Mother of all the living, keep grandparents constantly in your care, accompany them on their earthly pilgrimage, and by your prayers, grant that all families may one day be reunited in our heavenly homeland, where you await all humanity for the great embrace of life without end. Amen!
 <i>Fuaimlaoi in Concert.</i> Thursday 6th August at 7:00pm in St Peter's Cathedral. Experience the soul of Ireland with Fuaimlaoi—a captivating ensemble that blends ancient Irish tradition with powerful sacred music by renowned Irish liturgical composer Ronan McDonagh. Their rich harmonies, lyrical beauty and authentic spirit create a deeply moving concert experience, connecting audiences with Ireland's heritage, faith and timeless song. This unforgettable performance is sure to be one of the highlights of the Fleadh Belfast Fringe programme. Tickets: £5.50 Book now: https://fleadhfringe.ticketsolve.com/ticketbooth/shows/1173683951. Don't miss this special evening of music in the stunning surroundings of St Peter's Cathedral.	
 <i>Join us for the inaugural Féile tours of St Peter's Cathedral,</i> led by Stevie Corr, as we celebrate its 160th anniversary! Officially opened with great ceremony on 14 October 1866, St Peter's Cathedral, with its iconic twin spires, has stood at the heart of West Belfast ever since. This special guided tour offers a unique opportunity to explore areas of the Cathedral that are rich in history and significance, including: The Chapel of the Resurrection, where 3 Bishops of Down and Connor are laid to rest. The Sanctuary, home to the Bishop's Cathedra (official seat). The Aumbry, which houses the Holy Oils donated in memory of Fr Hugh Mullan and Fr Noel Fitzpatrick, who lost their lives while anointing the wounded during the Ballymurphy shootings. Tour dates: Mon 3 to Thurs 6 August at 3pm. Tickets: £5 pp, payable at the door (please bring the exact amount). Come discover the history, heritage, and stories of one of Belfast's most treasured landmarks.	
Mass cards are available from the office. £2.50 each	
Chatty Café. Open Wednesday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.	
AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)	
Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.	
The Spred Group are finished for the Summer and will rejoin on Monday 7th September at 7pm.	
The Stitch and Crocheting Group meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.	
Lifeline-24hr 7 days a week 0808 808 8000 Samaritans anytime night or day 116 123 St Vincent De Paul 028 90351561 Cancer Lifeline 028 90 351999 AA 02890351222	AI-Anon Family Groups 028 9068 2368 PIPS 0800 088 6042 Youth Education Health Advise 02890 757 809 Diocesan Safeguarding Officer Philip O'Hara 07534 992 124
Sacred Heart of Jesus, I place all my trust in Thee	

